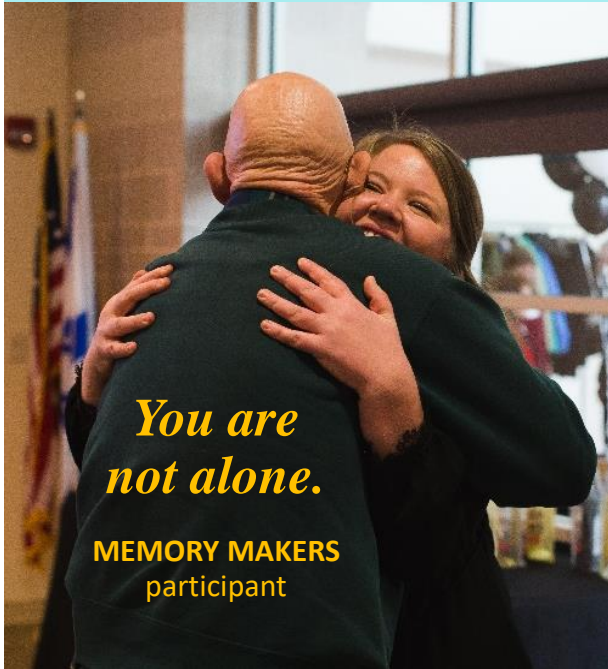


Our **EARLY-STAGE & BEYOND COMMUNITY** provides education and support from the time of diagnosis through the course of the illness.



You are not alone.

MEMORY MAKERS
participant

mickschulte photography.com

A lifeline for families facing dementia

KINSHIP
participant

Early-Stage & Beyond Community

The **EARLY-STAGE & BEYOND COMMUNITY** provides families with a variety of social support, cultural and educational programs. All programs were developed with guidance from Triangle families living with dementia.

EARLY-STAGE & BEYOND COMMUNITY programs and services are free of charge thanks to a generous gift from an anonymous donor as well as broad support from many family donors.



Duke  **CENTER for the STUDY of AGING and HUMAN DEVELOPMENT**



DukeHealth



EARLY-STAGE & BEYOND COMMUNITY

Programs and services to help families live their best with Alzheimer's or related cognitive impairments

Duke Dementia Family Support Program
Duke Center for the Study of Aging and Human Development
www.dukefamilysupport.org
919-660-7510

MEMORY MAKERS

MEMORY MAKERS is an eight-week educational support group for individuals with early-stage memory loss and their care partners.

This group offers a comfortable opportunity for learning and support with others who are living with early-stage Alzheimer's disease or a related disorder, and their care partners.

Curriculum

- Introduction & Overview
- Basics of Alzheimer's & Related Disorders
- Disclosure & Changing Relationships
- Legal & Financial Planning
- Balancing Safety & Autonomy
- Handling the Day to Day
- Emotions & Communication
- Advocacy & Staying Connected

Eligibility: Open to families regardless of where health care is received; you do not need to be affiliated with Duke Health

Registration: Pre-registration is required. For more information, please contact Bobbi or Natalie at dukefamilysupport@duke.edu or 919-660-7510.

MEMORY MAKERS is a partnership between *Duke Family Support Program, Durham-Chapel Hill Jewish Family Services and the Alzheimer's Association, Eastern NC Chapter.*

DUKE DEMENTIA FAMILY SUPPORT PROGRAM
www.dukefamilysupport.org
919-660-7510

EARLY-STAGE & BEYOND COMMUNITY (ES&BC)

After participating in Memory Makers, families can continue to learn and socialize with current and past group participants.

ALPHA LUNCH: Monthly lunch at a Triangle restaurant

BOOSTER CLUB: Quarterly lecture series for care partners; and simultaneous activities for those living with memory loss

ES&BC WEBSITE: Password protected access

LOOK, LISTEN & LUNCH: Monthly art and music program at the Nasher Museum of Art

PERSON WITH DEMENTIA & CARE PARTNER SUPPORT GROUP AT GREY STONE: Monthly support group

WHAT'S NEXT?: Education and support workshops for care partners dealing with mid-stage and beyond; with simultaneous activities for those living with memory loss

KINSHIP: Monthly support group for What's Next? care partners

DUKE DEMENTIA FAMILY SUPPORT PROGRAM TEAM



Natalie Leary
MSW, LCSW-A

Coordinates **LOOK, LISTEN & LUNCH** and facilitates **ES&BC** programs

Lisa Gwyther
MSW, LCSW

Leads **PERSON WITH DEMENTIA AND CARE PARTNER GROUP** and facilitates **WHAT'S NEXT?** and **KINSHIP** groups

Bobbi Matchar
MSW, MHA

Director of the **DUKE FAMILY SUPPORT PROGRAM** and facilitates **ES&BC** programs

Janeli McNeal
MSW

Coordinates **ALPHA LUNCHESES** and facilitates **ES&BC** programs