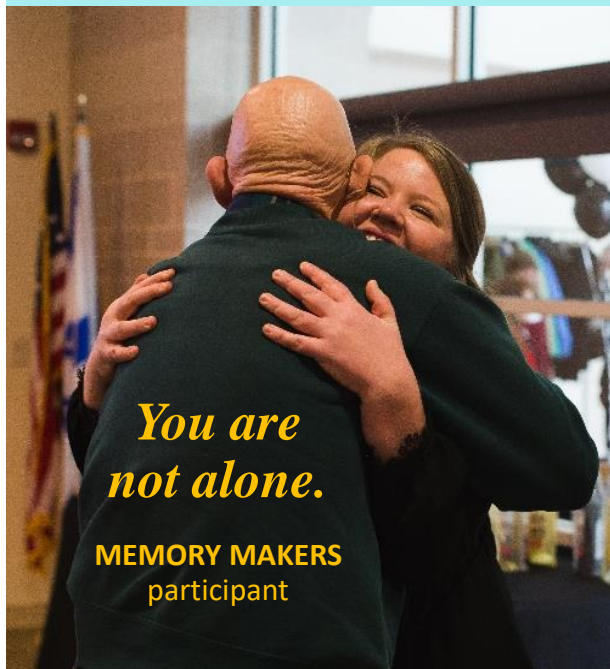


Our **EARLY-STAGE & BEYOND COMMUNITY** provides education and support from the time of diagnosis through the course of the illness.



*You are
not alone.*

MEMORY MAKERS
participant

mickschulte photography.com

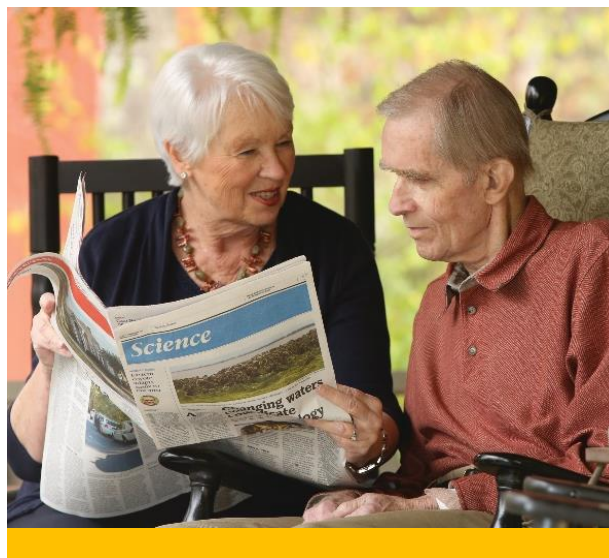
*A lifeline for
families facing
dementia*

KINSHIP
participant

Early-Stage & Beyond Community

The **EARLY-STAGE & BEYOND COMMUNITY** provides families with a variety of social support, cultural and educational programs. All programs were developed with guidance from Triangle families living with dementia.

EARLY-STAGE & BEYOND COMMUNITY programs and services are free of charge thanks to a generous gift from an anonymous donor as well as broad support from many family donors.



Duke  **CENTER for the STUDY of AGING
and HUMAN DEVELOPMENT**



DukeHealth



EARLY-STAGE & BEYOND COMMUNITY

*Programs and services
to help families live
their best with Alzheimer's
or related cognitive
impairments*

Duke Dementia Family Support Program
Duke Center for the Study of Aging
and Human Development
www.dukefamilysupport.org
919-660-7510

MEMORY MAKERS

MEMORY MAKERS is an eight- or four-week educational support group for individuals with early-stage memory loss and their care partners.

This group offers a comfortable opportunity for learning and support with others who are living with early-stage Alzheimer's disease or a related disorder, and their care partners.

Curriculum

- Introduction & Overview
- Basics of Alzheimer's & Related Disorders
- Disclosure & Changing Relationships
- Legal & Financial Planning
- Balancing Safety & Autonomy
- Handling the Day to Day
- Emotions & Communication
- Advocacy & Staying Connected

Eligibility: Open to families regardless of where health care is received; you do not need to be affiliated with Duke Health

Registration: Pre-registration is required. For more information, please contact Bobbi or Natalie at dukefamilysupport@duke.edu or 919-660-7510.

MEMORY MAKERS is a partnership between Duke Dementia Family Support Program, Durham-Chapel Hill Jewish Family Services and the Alzheimer's Association, Eastern NC Chapter.

DUKE DEMENTIA FAMILY SUPPORT PROGRAM
www.dukefamilysupport.org
919-660-7510

EARLY-STAGE & BEYOND COMMUNITY (ES&BC)

After participating in Memory Makers, families can continue to learn and socialize with current and past group participants.

ALPHA LUNCH: Monthly lunch at a Triangle restaurant

BOOSTER CLUB: Quarterly lecture series for care partners; and simultaneous activities for those living with memory loss

ES&BC WEBSITE: Password protected access

KINSHIP: Monthly support group for What's Next? care partners

LOOK, LISTEN & LUNCH: Monthly art and music program at the Nasher Museum of Art

PERSON WITH DEMENTIA & CARE PARTNER SUPPORT GROUP AT GREY STONE: Monthly support group

WHAT'S NEXT?: Education and support workshops for care partners dealing with mid-stage and beyond; with simultaneous activities for those living with memory loss

YOUNGER-ONSET SUPPORT GROUP: Monthly group for persons diagnosed with dementia age 65 and younger and their families

DUKE DEMENTIA FAMILY SUPPORT PROGRAM TEAM



Natalie Leary
MSW, LCSW

Coordinates **LOOK, LISTEN & LUNCH** and facilitates **ES&BC** programs

Lisa Gwyther
MSW, LCSW

Leads **PERSON WITH DEMENTIA AND CARE PARTNER GROUP** and facilitates **ES&BC** programs

Bobbi Matchar
MSW, MHA

Director of the **DUKE DEMENTIA FAMILY SUPPORT PROGRAM** and facilitates **ES&BC** programs

Janeli McNeal
MSW

Coordinates **ALPHA LUNCHES** and facilitates **ES&BC** programs