#### **DUKE DEMENTIA FAMILY SUPPORT PROGRAM**

### Caregiver Connections An Educational Webinar Series With The Experts

The presentation will begin shortly.

Thank you for your patience!

dukefamilysupport.org 919-660-7510

# Clarity. LEGAL GROUP



# LEGAL ISSUES FOR FAMILY CAREGIVERS

DURING A PANDEMIC(!)

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- Undergraduate degree in Math and Physics, Wake Forest
- Master's degree in the Study of Religions, Wake Forest
- Juris Doctorate, Wake Forest University School of Law
- Order of the Coif
- Elder Law Clinic
- Served on the editorial staff of the Wake Forest Law Review
- Awarded the distinguished E. McGruder Faris Award for Character, Leadership, and Scholarship



#### TODAY'S OBJECTIVES

- Introduction to planning issues confronting family caregivers for aging adults
- Basic understanding of legal tools available to allow a caregiver to manage their loved one's health care, financial, and legal affairs
- Distinguish between guardianship, durable power of attorney, and health care power of attorney
- (Brief) introduction to long-term care planning for Medicaid

### THE GOALS OF ESTATE PLANNING AND LONG-TERM CARE PLANNING ARE TO

(1) Plan for the outcome the person wants; and

(2) Create tools and structures that make it possible for the people who help to work easily and get it right

# WHEN SOMEONE ELSE DECIDES

#### WHO MAKES DECISIONS?



- Legal guardian
- Agent Under Durable Power of Attorney
- Trustee
- Health Care Agent
- Living Will
- Physician
- Family
- Executor

#### WHEN SOMEONE ELSE DECIDES...

...because your loved one is incompetent and has not preplanned, or there is a family dispute:

**Guardianships/Court** 

#### WHEN SOMEONE ELSE DECIDES....

...and your loved one has planned in advance:

Powers of Attorney
Living Trusts
Health Care Powers of Attorney
Living Wills
HIPAA Authorization
DNR/MOST Forms

# WHEN SOMEONE ELSE DECIDES... ...after your loved one's death:

Executors under Wills
Trustees under Trusts
Burial or Cremation
Taxes
Disputes

#### WHY DOESN'T EVERYONE HAVE PROPER PLANNING?

3 MAJOR REASONS

# CRASTINATIO



BUT, CONSIDER THE COST OF FAILING TO PLAN



IT COULD NEVER HAPPEN TO ME!

# What are our chances of dying? What are our chances of becoming incapacitated?

#### **GUARDIANSHIPS**

- Anyone can file an incompetency petition
- Clerk of Court decides whether your loved one is incompetent
- Clerk can appoint anyone to serve as Guardian
- Not required, but advisable to consult an attorney

#### GUARDIANSHIPS

- Part of Estate Planning is planning for incapacity.
- Without proper planning, you will have to go through a Guardianship Proceeding if your loved one becomes incapacitated
  - Public proceeding that can be humiliating, time consuming, and expensive
  - Court appoints someone to handle your loved one's finances and make medical decisions
- Power of attorney is intended to avoid, and typically designates your loved one's choice of guardian

#### PLAN TO AVOID GUARDIANSHIP

- No authority attaches to family relationships for adults
- Contractual Arrangements
- Legal Documents

# ESTATE PLANNING INCLUDES:

#### Planning for Health Care Decisions

Planning for Asset Management

Planning for Incapacity

Planning for Death

# WHAT ARE THE CORE LEGAL DOCUMENTS?

Last Will and Testament

General (Financial, Durable) Power of Attorney

Revocable Living Trust

Health Care Power of Attorney

Living Will (aka Advance Directive for a Natural Death or Declaration of Desire for Natural Death)

HIPAA Authorization

# WHATA LIVING WILL CAN AND CANNOT ACCOMPLISH

- Allows your loved one to specify when they do not want their lives prolonged
- Only pertains to life prolonging measures
- Typically does not apply to emergencies
- Option to allow Health Care agent to override
  - Principal's Decision, or
  - Principal's Expression of Preference
- 65%-76% of physicians whose patients
   DO have advance directives are
   unaware of the documents

#### PICKING UP WHERE A LIVING WILL LEAVES OFF: HEALTH CARE POWERS OF ATTORNEY

- Agent's authority can be limited by your loved one, if desired
- Springing, but may be applicable throughout life
- Agency relationship broad or limited delegation of authority
- When does the agent act?
- Some powers persist after death:
  - Autopsy and disposition of remains
  - Organ donation and anatomical gifts

#### HIPAA AUTHORIZATION

- If there is a Health Care Power of Attorney, your loved one needs a HIPAA Authorization
- Allows Health Care Agent (and any other named individual) to talk with your loved one's medical providers and obtain medical records, if needed



#### GENERAL DURABLE POWER OF ATTORNEY

- Names an agent to manage legal and financial affairs
- Can be springing or standing
- Not all powers of attorney are the same!
- Can name multiple agents, and your loved one decides whether:
  - Each Co-Agent may act independently, or
  - Co-Agents must act together

# LAST WILL AND TESTAMENT

- Only works after death
- Does not control all assets
- May determine what individuals/charities receive some assets
- Defines who has the authority to decide as to legal affairs and some assets

### REVOCABLE TRUSTS

- Controls the disposition of some assets
  - Controlled by Trustee
  - Private
  - May be different during life and at death
  - Can define gifts and set up further trust arrangements for beneficiaries
  - Fewer challenges to use in the event of incapacity

#### SPECIAL NEEDS BENEFICIARY

- Beneficiary with a disability
- Because of disabilities, is on Medicaid and Supplemental Security Income (SSI)
- Will lose government benefits if she receives an inheritance outright



### SUPPLEMENTAL NEEDS TRUST

- No Loss of Government Benefits
  - Third Party Serves as Trustee
  - Provides support and enhanced quality of life for Ella above what government benefits provide





# QUESTIONS? LEGAL GROUP

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