

DUKE DEMENTIA FAMILY SUPPORT PROGRAM

Caregiver Connections

An Educational Webinar Series With The Experts

**The presentation will begin shortly.
Thank you for your patience!**

dukefamilysupport.org

919-660-7510



HOSPICE 101

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Duke HomeCare & Hospice

“You matter to the last moment of your life,
and we will do all we can,
not only to help you die peacefully,
but to live until you die.”



-Dame Cicely Saunders (founder of the modern hospice movement)



WHAT IS HOSPICE?

- Program that focuses on comfort and quality of life
- Comprised of an interdisciplinary team
- Designed to meet individuals specific needs



Who Is Eligible?

A patient is eligible for hospice care if:

- Two physicians determine that the patient has a prognosis of six months or less to live.
- Patients must be re-assessed for eligibility at regular intervals, but there is no limit on the amount of time a patient can spend under hospice care.



Goals of Care

- Care designed to manage symptoms, these symptoms may be physical, emotional, or spiritual.
- Individuals and families who wish to have the patient in their preferred environment with their care needs met



Where is care provided?

- Home –the patient's or loved one's home
- Nursing Facility
- Assisted Living Facility
- Hospital (GIP)
- Hock Family Pavilion (IPU)
- Wherever the person is located



Duke Hospice Values

Hospice represents many values within its philosophy. Here are but a few examples of values critical to the Duke Hospice Philosophy:

- Compassion – Caring for our patients, their loved ones and each other.
- Excellence –Quality care and identifying service failures
- Integrity –Confidentiality, accountability, identifying patient needs
- Safety – responding, educating
- Diversity - Culture, spiritual beliefs and practices



HISTORY

- Triangle Hospice
 - 1979 Started by volunteers
 - 1995 **Unicorn Bereavement Center opened**
 - 1998 Bought by Duke University Health System
 - 2002 Duke Community Hospice Service
 - 2007 Duke HomeCare & Hospice (DHCH)
 - 2009 Hock Family Pavilion Inpatient Facility opened

Duke Hospice has been serving the Durham and surrounding communities for 40 years!



How is Hospice Paid For?

- Medicare
- Commercial Insurance
- Private Pay



Medicare Hospice Benefit

- Established 1983.
- Considered the “Model” for quality care for people with life limiting illnesses.
- Provided Medicare Beneficiaries with access to high quality end of life care.
- Patient Centered, Cost Effective Philosophy of Care.
- Utilizes an Interdisciplinary Team of Professionals.
- Provides compassionate and expert medical care, pain management, emotional and spiritual support tailored to the patients needs and wishes.



What does Hospice Provide?

- Patient/family focused
 - Interdisciplinary care team
 - Interdisciplinary case management
 - Medications
 - Durable medical equipment
 - Supplies
 - Volunteers
 - Grief support



Hospice Team

Our team of caregivers

- Registered Nurse
- Nurse Practitioner/Medical Director
- Licensed Clinical Social Worker
- Chaplain
- Volunteers
- Certified Nursing Assistants
- Bereavement Counselors

Obstacles that Hospice can help with:

- Advance Care Planning
- Resources for Caregiving
- Pain Management
- Coping/Anxiety
- Fear of the unknown
- Legal Resources
- Grief





Hospice Inpatient Unit (Hock Family Pavilion)

- Serve patients with acute symptom management such as uncontrolled pain, shortness of breath, restlessness, agitation and anxiety.
- Patients can come from Duke Hospice or hospice appropriate referrals from the hospital.
- Average length of stay is 7-10 days or when acute symptoms are managed.



Duke Hospice - Bereavement

Bereavement Team provides group and one-on-one counseling after the death of a loved one

Hospice

Part of the Hospice Benefit

Community

Small donation asked but not necessary

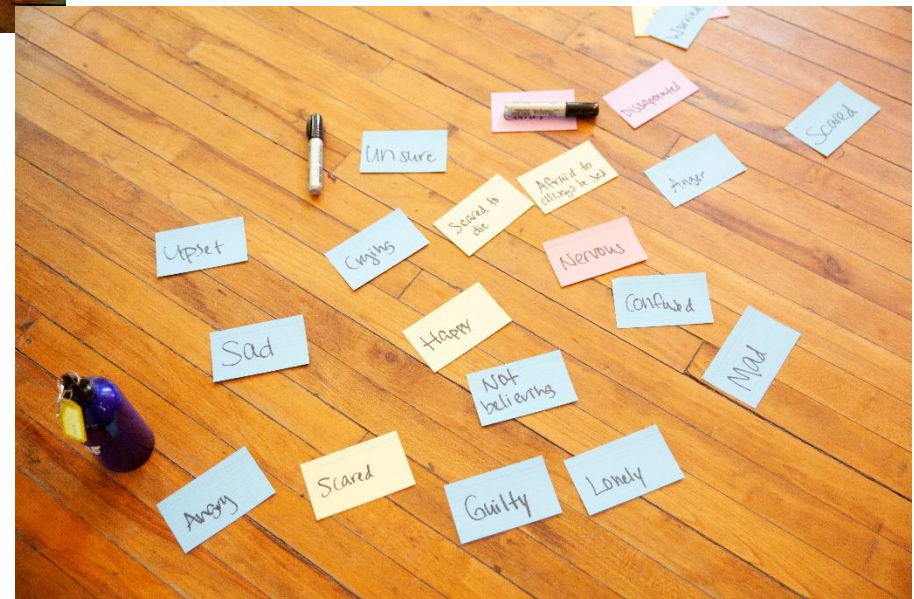


CAMP RELEAF

An overnight bereavement camp for Youth in
Grades K – 8

Benefits:

- Coping skill development
- Learning they are not alone
- Developmentally appropriate activities
- Professionally staffed as well as trained volunteers







Hospice Myths

- You are giving up hope by enrolling onto Hospice care
- Hospice is for people who only have a few days left to live
- Hospice is *only* for people who will accept that they are dying
- Hospice care ends after the death of a loved one
- Hospice is only for cancer patients



Dementia by Numbers

- According to the CDC, 44.5% of Hospice patients within the United States have an Alzheimer's Dementia Diagnosis.
- Within the United States there are 4,639 Medicare Certified Hospice Organizations.
- Averaging 1.55 million Medicare beneficiaries who received Hospice care (in 2018).





When to initiate Hospice for Dementia patients?

- Earlier the better – families will have more support
- Engage physician on this discussion as changes occur



Case Study





Support Systems for Caregivers

- Duke Dementia Family Support Program
- Dementia Alliance of North Carolina
- Alzheimer's Association
- The 36 Hour Day written by Nancy Mace
- The Caregiver Action Network
- Your Hospice Team



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Thank you for joining us today!

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