CAREGIVER CONNECTIONS AN EDUCATIONAL WEBINAR SERIES

Stories from the Trenches: Practical Advice for Families Caring for Aging Loved Ones

Wednesday, November 10th from 11 AM -12 PM EST

A well respected elder consultant with years of experience in the field shares her knowledge around successful caregiving strategies. Hear about options for care, local resources and navigating challenging caregiving decisions.

Liisa Ogburn, Owner of Aging Advisors of NC



Liisa Ogburn is an elder consultant with her own agency, Aging Advisors NC, who also writes and reports on aging issues for WRAL. Liisa came to the field through the doorway of personal experience taking care of her father-in-law in their home, which she wrote about for the New York Times. Her writing and work have been featured in the New York Times, Runner's World, Academic Medicine, Psychology Today, Huffington Post and other places.



Next Caregiver Connections Webinar: **December 14, 2021 from 1-2 PM**. "Innovative Tools and Strategies to Reduce Stress Experienced by People Living with Dementia" with Melissa Harris, PhD, RN, Duke School of Nursing

Can't attend the live event? Don't worry, all Caregiver Connections webinars are recorded and links to presentations will be available on our <u>website</u>, along with information on upcoming events.



Click on **this** link to access the Zoom presentation the day of the event.



OR call in by dialing 1-646-876-9923

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