



"We started out as strangers. We ended as friends." **MEMORY MAKERS** participant

MEMORY MAKERS

Early-Stage Memory Loss Educational Support Group

MEMORY MAKERS provides educational, emotional and social support for individuals living with a diagnosis of early-stage dementia and their care partners. The group helps participants develop methods and skills to solve problems and encourages them to maintain personal, physical and emotional health, as well as to foster support networks.

Virtually via Zoom: Thursdays, 1-4 pm
Program is free. Registration is required.

FOR MORE INFORMATION

Barbara "Bobbi" Matchar, MSW, MHA

Duke Dementia Family Support Program
bobbi.matchar@duke.edu or 919-660-7509

Jenny Schwartz, MSW, LCSW

Jewish for Good
jschwartz@jewishforgood.org or 919-354-4922

MEMORY MAKERS is a partnership between Duke Dementia Family Support Program, Jewish for Good and the Alzheimer's Association.

TOPICS AND SPEAKERS FOR SPRING, SUMMER AND FALL GROUPS*

WEEK 1

The Basics of Alzheimer's & Related Disorders
Physician

WEEK 2

Disclosures & Changing Relationships
Social Worker

WEEK 3

Legal Documents
Elder Law Attorney

WEEK 4

Balancing Safety & Autonomy
Neuropsychologist

WEEK 5

Handling the Day-to-Day
Occupational Therapist

WEEK 6

Emotions & Communication
Social Worker

*** Order of sessions may vary from group to group.**
