CAREGIVER CONNECTIONS AN EDUCATIONAL WEBINAR SERIES

Through the Caregiver Journey: Finding Purpose in the Pain

Tuesday, August 23rd from 10:30 - 11:30 AM EST

Dr. Jenna Renfroe will offer insights on how to identify, process, accept and move forward through difficult emotions brought on by the caregiving journey. How to find purpose and meaning in challenging times and learn more about post-traumatic growth through resilience.

Dr. Jenna Renfroe, PhD, ABPP with Tailored Brain Health



Dr. Jenna Renfroe is a board certified clinical neuropsychologist and founder and CEO of Tailored Brain Health. She has specialized training in providing support for caregiver stress, changes in memory, and stress and anxiety due to life changes.

She received her doctoral training at the University of Florida in Clinical and Health Psychology with a specialization in Clinical Neuropsychology.

Can't attend the live event? Don't worry, all Caregiver Connections webinars are recorded and links to presentations will be available on our <u>website</u>, along with information on upcoming events.



Click on this link to access the Zoom presentation the day of the event.



OR call in by dialing 1-646-876-9923

Meeting ID: 965 7747 1018

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