## Duke Dementia Morning Care Partner Support Group



## An open support group meeting for care partners for individuals living with dementia.

Support groups can provide participants with the empowering reminder that they are not alone in their journey. The goal of this group is to facilitate connection, offer education, foster community, and further develop coping skills.

We are currently meeting virtually. Participants are welcome to join by video on Zoom or call in by phone.

To learn more about the group or to be added to the email list, please contact <u>Tiffany Summers</u>.



**Details** Meets the 2nd Tuesday (virtual) and 4th Wednesday (in-person)



## 2023 Schedule

Jan. 10 & 25Feb. 14 & 22Mar. 14 & 22Apr. 11 & 26May 9 & 24Jun. 13 & 28No Jul. GroupAug. 8 & 23Sep. 12 & 27Oct. 10 & 25Nov. 14 & 29Dec. 12



Contact

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