

# Duke Dementia Morning Care Partner Support Group



An open support group meeting for care partners for individuals living with dementia.

Support groups can provide participants with the empowering reminder that they are not alone in their journey. The goal of this group is to facilitate connection, offer education, foster community, and further develop coping skills.

This group meets twice a month. The second Tuesday of the month virtually and the fourth Wednesday of the month in person.

**Grey Stone Church, 2601 Hillsborough Road, Durham  
in the Family Life Center**

Please note that masks are optional for in-person group meetings. We recommend calling before attending in person for the first time.

To learn more about the group or to be added to the email list, please contact [Tiffany Summers](#).



## Meeting Details

2nd Tuesday (virtually)  
and 4th Wednesday (in  
person) at 10:30AM



## 2023 Virtual Schedule

Jan. 10	Feb. 14
Mar. 14	Apr. 11
May 9	Jun. 13
<b>No Jul. Group</b>	Aug. 8
Sep. 12	Oct. 10
Nov. 14	Dec. 12



## 2023 In-Person Schedule

Jan. 25	Feb. 22
Mar. 22	Apr. 26
May 24	Jun. 28
<b>No Jul. Group</b>	
Aug. 23	Sep. 27
Oct. 25	Nov. 29