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**Absolutes of  
Memory Loss**  
from Jo Huey

**“Sure!”**

Never argue.  
**INSTEAD, AGREE.**

**“Her name is Sue.”**

Never say “I told you.”  
**INSTEAD, REPEAT.**

**“Let’s walk.”**

Never reason.  
**INSTEAD, DIVERT.**

**“Do what you can.”**

Never say, “You can’t.”  
**INSTEAD, SAY, “DO WHAT YOU CAN.”**

**“What a nice day.”**

Never shame.  
**INSTEAD, DISTRACT.**

**“Can you sweep?”**

Never command or demand.  
**INSTEAD, ASK OR MODEL.**

**“It’s okay.”**

Never lecture.  
**INSTEAD, REASSURE.**

**“That’s great!”**

Never condescend.  
**INSTEAD, ENCOURAGE AND PRAISE.**

**“We had fun!”**

Never say “remember.”  
**INSTEAD, REMINISCE.**

**“This has been fun!”**

Never force.  
**INSTEAD, REINFORCE.**