



LIVING WITH MODIFICATIONS:

FUNCTIONAL APPROACHES TO DAY-TO-DAY CARE

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Home Assessment

- **Structural Composition/Physical Layout**
 - **Type of Home**
 - **Steps/Entryway**
 - **Flooring**
 - **Common Areas**
- ***Secondary/Adjustable Layout**
 - Spacing/Furniture placement**
 - Color contrast**
 - Item accessibility**
 - Organization**



Living With Modifications

- **Activities of Daily Living (ADL)**
 - **Self-care Tasks**
 - **Bathing**
 - **Dressing**
 - **Grooming**
 - **Toileting**
 - **Eating**









Living With Modifications

- **Vision and Visual Aids**
 - **Contrast**
 - **Labels**
 - **Safety**
 - **Increase Font Size**



Living With Modifications

- **Consider Set-up**
 - **Accessibility & Convenience**
 - **Comfort**
 - **Medication**
- **Orientation**
 - **Use of Calendar for Consistency**



Living With Modifications



- **Dressing**
 - **Create Space**
 - **Plan Ahead**
 - **Consider Time of Day**



Living With Modifications

- Meal Preparation
 - Safety
 - Auditory/Visual Assistance
 - Appliances
 - Communal meals
 - Food Vendors





Living With Modifications

- Living 'Lived In' Spaces
- Reconfiguring the space
- Sensors and Home Security Devices
- Creating a Routine



Living With Modifications

- **Commuting**
 - **GPS**
 - **Share Location**
 - **Shared Transportation**
- **Best Time of Day for Outings**
- **Delivery**
- **Encourage Family/Friends Visits**



Technology Assistance



Finding Resources-Support

- **Build Your Village**
 - **Healthcare**
 - **Community**
 - **Family/Friends**



Thank You!

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