



ARE YOU UNSURE ABOUT

What to expect after the diagnosis of a memory disorder

Where to start looking for help for an older relative

How to get Mom to see a doctor

When and where an older parent might move

How to respond to personality or behavior changes in an older family member

How to get Dad to give up driving

Where to find respite care

You are not alone!

DUKE DEMENTIA FAMILY SUPPORT PROGRAM

Founded in 1980

CALL OR EMAIL

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You do not need to be affiliated with Duke Health to participate in our programs.



Duke Aging Center

Duke University School of Medicine

DUKE DEMENTIA FAMILY SUPPORT PROGRAM



Paul D. Jones

A bridge to understanding your options

Programs and services, offered free of charge, to help families live their best lives with changes in memory and thinking

**EDUCATION
SUPPORT
ENGAGEMENT**

SUPPORT GROUPS

African American Dementia Care Partners Support Group

3rd Tuesday, 7 p.m.

Daughters Concerned for Aging Relatives Support Group

1st & 3rd Wednesdays, noon

Duke Dementia Evening Care Partners Support Group

2nd & 4th Thursdays, 6:30 p.m.

Duke Dementia Morning Care Partners Support Group

2nd Tuesday and 4th Wednesday, 10:30 a.m.

Long-Term Care Community Support Group

3rd Tuesday, noon

Memory Makers: Early-Stage Memory Loss Educational Support Group

Six-week program, Thursday afternoons

Persons Living with Memory Loss Diagnosis Support Group

3rd Monday, 11 a.m.

Younger-Onset Support Group

2nd & 4th Tuesdays, 7 p.m.

Group for persons living with dementia age 64 and younger and their families.

**TO SPEAK WITH US,
PLEASE CALL
919-660-7510**

DUKE DEMENTIA FAMILY SUPPORT PROGRAM TEAM



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EDUCATION • SUPPORT ENGAGEMENT

We offer these services at no charge

Consultations for people living with memory loss and their families.

Elder care consultations for Duke employees concerned about aging relatives.

NC Project C.A.R.E. for dementia-specific care consultation and respite services.

Programs to provide education and support from the time of diagnosis through the course of the illness.

Supportive Counseling for dementia care partners (donations accepted).

Triangle Area E-News listing support groups, educational programs, and timely articles on dementia and caregiving.

TESTIMONIALS

I received validation of my feelings that I didn't receive anywhere else.

I have been given a 'roadmap' for the days ahead.

I've become a more sensitive caregiver because of the support group.