

---

# CAREGIVER CONNECTIONS

## *AN EDUCATIONAL WEBINAR SERIES*

---

### Mini Mental Makeover for Dementia Family Caregivers

**Tuesday, December 3rd at 1PM**



Click on **this** link to access the presentation the day of the event.



OR call in by dialing  
1-646-876-9923

Meeting ID: 965 7747 1018  
Password: 3513

Slow down, reflect, and grow in gratitude. This session will help you ground yourself, giving you time to focus on your mental, physical, and emotional well-being.

### Laurie Kovens, LCSW, CEAP



Laurie Kovens is a licensed clinical social worker with over 25 years of experience. She is a senior counselor with the Duke Personal Assistance Service.

Mark your calendars for the first Caregiver Connections webinars of 2025. **Wednesday, January 15 at 2pm** with Dr. Collin Burks from the Duke Geriatrics Evaluation and Treatment Clinic and **Thursday, February 27 at 1pm** with Anne Dickerson, Professor in East Carolina University's Department of Occupational Therapy and Director of the Research for the Older Adult Driver Initiative.

**Can't attend the live event? Don't worry, all Caregiver Connections webinars are recorded and links to presentations will be available on our [website](https://dukefamilysupport.org), along with information on upcoming events.**