



No one should face Alzheimer's alone. Available in-person, on-demand, or as a live webinar, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

IN-PERSON

10 Warning Signs of Alzheimer's

January 22 | 10:00-11:00 AM (Garner)

January 23 | 11:00 AM-12:00 PM (Greenville)

January 28 | 11:30 AM-12:30 PM (Durham)

Understanding Alzheimer's & Dementia

January 30 | 4:00-5:00 PM (Swansboro)

Healthy Living for Your Brain & Body

January 24 | 12:00-1:00 PM (Durham)

Having Difficult Conversations

Caregiver Academy Collaboration

January 9 | 10:00-11:30 AM (Southport)

LIVE WEBINARS

Healthy Nutrition for People Living with Dementia

Presented by Greater Kentucky & Southern Indiana Chapter

January 9 | 10:00-11:30 AM

Aging in Place: A Guide to Planning Your Future

Presented by Greater Cincinnati Chapter

January 21 | 6:00-7:00 PM

Understanding Brain Health Research: What It Is and Why It Matters

January 21 | 6:30-7:30 PM

ON-DEMAND

Empowered Caregiver Education Series

Building Foundations of Caregiving

Supporting Independence

Communicating Effectively

Responding to Dementia-Related Behaviors

Exploring Care & Support Services

TO REGISTER:

800.272.3900 | act.alz.org/ENCmonthlyprograms