



No one should face Alzheimer's alone. Available in-person, on-demand, or as a live webinar, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

IN-PERSON

10 Warning Signs of Alzheimer's

March 4 | 11:00 AM-12:00 PM (Wake Forest)

March 12 | 10:00-11:00 AM (Sanford)

March 19 | 1:00-2:00 PM (Clayton)

Understanding Alzheimer's & Dementia

March 7 | 12:00-1:00 PM (Durham)

March 19 | 10:00-11:00 AM (Sanford)

March 20 | 1:00-2:00 PM (Raleigh)

Alzheimer's Awareness

March 11 | 9:15-10:00 AM (Wendell)

March 27 | 10:30-11:00 AM (Spring Lake)

Healthy Living for Your Brain & Body

March 14 | 1:00-2:30 PM

(Greenville-Mediterranean Diet tasting)

March 20 | 5:00-6:00 PM (New Bern)

The Empowered Caregiver: Supporting Independence

March 13 | 6:30-7:30 PM (Kinston)

IN-PERSON *continued*

Dementia Conversations: Driving, Doctor's Visits, Legal & Financial Planning

March 26 | 10:00-11:00 AM (Sanford)

LIVE WEBINARS

Understanding Alzheimer's & Dementia

March 24 | 2:00-3:00 PM

Women & Alzheimer's Research Webinar

Presented by the Greater Michigan Chapter

March 13 | 12:00-1:00 PM

The Latest Research Addressing the Symptoms of Alzheimer's Disease

Presented by the Greater Maryland Chapter

March 17 | 12:00-1:00 PM

Effective Medication Management and Dementia Care

Presented by the Georgia Chapter

March 27 | 6:00-7:00 PM

TO REGISTER:

800.272.3900 | alz.org/ENCMonthlyPrograms