



No one should face Alzheimer's alone. Available in-person, on-demand, or as a live webinar, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

IN-PERSON

10 Warning Signs of Alzheimer's

April 7 | 12:00-1:00 PM (Creedmoor)

April 30 | 1:00-2:00 PM (Southport)

Understanding Alzheimer's & Dementia

April 9 | 10:00-11:00 AM (Fayetteville)

April 9 | 1:00-2:00 PM (Fayetteville)

April 15 | 10:00-11:00 AM (Fayetteville)

April 15 | 1:00-2:00 PM (Spring Lake)

April 18 | 11:00 AM-12:00 PM (Raleigh)

April 23 | 10:00-11:00 AM (Garner)

Alzheimer's Awareness

April 11 | 11:00 AM-12:00 PM (Smithfield)

Healthy Living for Your Brain & Body

April 7 | 2:00-3:00 PM (Durham)

April 24 | 3:00-4:00 PM (Waynesville)

The Empowered Caregiver: Building Foundations of Caregiving

April 17 | 1:00-2:00 PM (Raleigh)

Neighbors Helping Neighbors Living with Dementia Workshop & Lunch

April 7 | 9:00 AM-1:00 PM (New Bern)

IN-PERSON *continued*

Engage & Empower: Parkinson's Health Symposium

A Caregiver Academy Collaboration

April 11 | 1:00-5:00 PM (Wilmington)

Memories Matter: A Community Conversation about Aging & Alzheimer's

A Caregiver Academy Collaboration

April 23 | 5:30-7:30 PM (Leland)

Beyond Driving with Dignity: Aging Adults, Driving Safety & Dementia

A Caregiver Academy Collaboration

April 24 | 5:00-6:00 PM (Hampstead)

LIVE WEBINARS

ALZ Talks: Responding to Dementia-Related Behavior with the Alzheimer's Association

April 17 | 11:00-11:30 AM

Understanding Brain Disorders: A Focus on Dementia

Presented by Wake County Libraries, Duke-UNC ADRC, NC Registry for Brain Health & Alzheimer's Association

April 29 | 6:30-7:30 PM

TO REGISTER:

800.272.3900 | alz.org/ENCMonthlyPrograms