



No one should face Alzheimer's alone. Available in-person, on-demand, or as a live webinar, our education programs feature information on topics including the signs of Alzheimer's disease, diagnosis, communication, living with dementia and caregiving techniques. Registration is required, and registrants will be sent additional details prior to the date of the program. Full program descriptions can be found on our website.

IN-PERSON

Healthy Living for Your Brain & Body

April 24 | 3:00-4:00 PM (Waynesville)

The Empowered Caregiver:

Building Foundations of Caregiving & Supporting Independence

April 15 | 11:30 AM-1:00 PM (Kings Mountain)

Communicating Effectively

April 23 | 10:00-10:45 AM (Brevard)

Brain Booster Club

April 8 | 10:30 AM-12:00 PM (Charlotte)

Navigating the Tough Talks: Essential Conversations with Your Aging Loved Ones

April 17 | 5:30-6:30 PM (Asheville)

Carepoint Caregiving Cafe: Healthy Living for Your Brain & Body

April 15 | 10:00-11:00 AM (Charlotte)

LIVE WEBINARS

ALZ Talks: Responding to Dementia-Related Behavior with the Alzheimer's Association

April 17 | 11:00-11:30 AM

Understanding Brain Disorders: A Focus on Dementia

Presented by Wake County Libraries, Duke-UNC ADRC, NC Registry for Brain Health & Alzheimer's Association

April 29 | 6:30-7:30 PM

ON-DEMAND

The Empowered Caregiver with Isaac Health Understanding Alzheimer's and Foundations of Caregiving

Supporting Independence

Strategies for Communication and Behavior Changes

Exploring Support Services and Resources
Panel Discussion

TO REGISTER:

800.272.3900 | alz.org/WNCMonthlyPrograms