

Free Family Caregiver Workshop



Duet
Partners In Health & Aging



Scribbles That Speak

A virtual writing workshop

Five Wednesdays, Oct. 15 – Nov. 12, 2 - 3:30 p.m. AZ time

Writing about your caregiving experiences can be cathartic and transformative. It can help you process emotions. You can express yourself honestly. And you can connect with others as you share intimate reflections.

Whether you want to write about your caregiving experience just for yourself, or for family and friends, or for the world, you can workshop your material while honing the effectiveness of your writing.

Join us for a 5-week virtual workshop where we'll share segments of our writing and exchange feedback. We'll do a few writing exercises and practice composing with a word-prompt to get our creativity flowing. You also can opt to work on a writing project you already have launched, or one that you have wanted to start.

All writing levels are welcome. Expertise is not necessary to share, listen, and extend feedback. Only genuine reflection is required.

Deanne Poulos

Workshop Instructor

An English major, Deanne has been writing professionally throughout her career. Articles and essays have been printed in local magazines and publications. Her feature stories have aired on KBAQ/KJZZ, KTAR and KFYI radio. She was a staff essayist / blogger for The Arizona Republic. And she has written collateral material and special projects for Ballet Arizona, The Fashion Institute of Design and Merchandising, Maricopa County government, and Duet.

She takes to wordsmithing, alliteration, double entendres, puns, imagery, and metaphors.

To register, email Deanne Poulos: poulos@duetaz.org



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