

ALZHEIMER'S ASSOCIATION®

DECEMBER 2025 PUBLIC EDUCATION



No one should face Alzheimer's alone. Available in-person or as live webinars, our public education programs feature information on topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required, and registrants will receive additional details prior to the program.

IN-PERSON

The Holidays & Alzheimer's

December 3 | 10:00-11:00 AM (Leland)

Empowered Caregiver: Supporting Independence

December 9 | 11:30 AM-12:30 PM (Fayetteville)

Empowered Caregiver: Communicating Effectively

December 11 | 12:30-1:30 PM (Kinston)

Planning for Your Health & Future: Notarize Your Advance Directives

Caregiver Academy Collaboration

December 11 | 1:00-2:00 PM (Whiteville)

Decorating Floating Lanterns: For Care Partners & Loved Ones with Dementia

Caregiver Academy Collaboration

December 16 | 10:00-11:30 AM (Wilmington)

10 Warning Signs of Alzheimer's

December 18 | 1:00-2:00 PM (Raleigh)

Empowered Caregiver: Responding to Behaviors

December 19 | 11:30 AM-12:00 PM (Durham)

LIVE WEBINARS

ALZ About Winter Safety

Presented by the Heart of America Chapter

December 3 | 1:00-2:00 PM

Understanding Frontotemporal Dementia

Presented by the Western New York Chapter

December 11 | 12:00-1:00 PM

The Holidays & Alzheimer's

December 15 | 2:00-3:00 PM

ADVOCACY

Cards for Congress

December 8 | 5:00-7:00 PM (Fayetteville)

December 10 | 5:00-7:00 PM (Raleigh)

December 15 | 5:00-7:00 PM (Greenville)

December 16 | 5:30-6:30 PM (Virtual)

TO REGISTER:

800.272.3900 | alz.org/ENCMonthlyPrograms