Duke Dementia Morning Care Partner Support Group



An open support group meeting for care partners for individuals living with dementia.

Support groups can provide participants with the empowering reminder that they are not alone in their journey. The goal of this group is to facilitate connection, offer education, foster community, and further develop coping skills.

This group meets twice a month. The second Tuesday of the month virtually and the fourth Wednesday of the month in person.

Grey Stone Church, 2601 Hillsborough Road, Durham in the Family Life Center

We recommend calling before attending in person for the first time.

To learn more about the group or to be added to the email list, please contact <u>Janeli McNeal</u>, (919) 660 - 7565.



Details for 2026

2nd Tuesday (virtually) and 4th Wednesday (in person) at 10:30AM (*denotes a change to the schedule).



Virtual

Jan. 13 Feb. 10
Mar. 10 Apr. 14
May 12 Jun. 9 **No Jul. Group**

Aug. 11 Sep. 8 Oct. 13 Nov. 10

Dec. 8



In-Person

Jan. 28 Feb. 25 Mar. 25 Apr. 22 May 27 Jun. 24

No Jul. Group

Aug. 26 Sep. 23
Oct. 28 Nov. 18*
Dec. 16 *