

JANUARY 2026 PUBLIC EDUCATION



No one should face Alzheimer's alone. Available in-person or as live webinars, our public education programs feature information on topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required, and registrants will receive additional details prior to the program.

IN-PERSON

Could What You Saw Over the Holidays be Alzheimer's? Learn the Warning Signs

January 24 | 1:00-2:00 PM (Grifton)

A Healthy New Year Starts with a Healthy Brain

January 27 | 12:00-1:00 PM (Southport)

January 30 | 10:30-11:30 AM (Surf City)

Live Performance: *The Remember Balloons* with Impact of Alzheimer's & Dementia in the Community presentation + Q & A

January 28 | 1:00-3:00 PM (Durham)

LIVE WEBINARS

ALZ Talks: Take Charge of Your Brain Health

January 29 | 11:00 AM-12:00 PM

ALZ About: Person-Centered Care

Presented by the Heart of America Chapter

January 14 | 1:00-2:00 PM

TO REGISTER:

800.272.3900 | [alz.org/ENCMonthlyPrograms](https://www.alz.org/ENCMonthlyPrograms)