

JANUARY 2026 PUBLIC EDUCATION



No one should face Alzheimer's alone. Available in-person or as live webinars, our public education programs feature information on topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required, and registrants will receive additional details prior to the program.

IN-PERSON

The Impact of Alzheimer's in Your Community

January 21 | 10:00-10:45 AM (Hickory)

Understanding Alzheimer's & Dementia

January 17 | 11:30 AM-12:30 PM
(Lincolnton)

LIVE WEBINARS

ALZ Talks: Take Charge of Your Brain Health

January 29 | 11:00 AM-12:00 PM

ALZ About: Person-Centered Care *Presented by the Heart of America Chapter*

January 14 | 1:00-2:00 PM

TO REGISTER:

800.272.3900 | [alz.org/WNCMonthlyPrograms](https://www.alz.org/WNCMonthlyPrograms)