

# Younger-Onset Dementia Support Group



This group is for persons diagnosed with dementia age 64 and younger and their care partners. Open to those residing in North Carolina or affiliated with Duke Health.

A diagnosis of younger-onset dementia is likely not what you had planned for at this time in your life. You will face unique challenges when it comes to family, work, finances and future care. You have the power to make a new plan and determine how you choose to live your best life with the disease.

The group is open to both persons living with memory change and care partners. Pre-registration is required for first time attendees. To learn more about the group, please contact Janeli McNeal, (919) 660 - 7565.



## Details for 2026

Meets the 2nd Tuesday at noon and 4th Tuesday at 7 P.M.



### 2nd Tuesday at noon

Jan. 13	Feb. 10
Mar. 10	Apr. 14
May 12	Jun. 9
<b>No July Group</b>	Aug. 11
Sep. 8	Oct. 13
Nov. 10	Dec. 8



### 4th Tuesday at 7 P.M.

Jan. 27	Feb. 24
Mar. 24	Apr. 28
May 26	Jun. 23
<b>No July Group</b>	Aug. 25
Sep. 22	Oct. 27
Nov. 24	Dec. 22