

FEBRUARY 2026 PUBLIC EDUCATION



No one should face Alzheimer's alone. Available in-person or as live webinars, our public education programs feature information on topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required, and registrants will receive additional details prior to the program.

IN-PERSON

Healthy Living for Your Brain and Body
February 9 | 3:00–4:00 p.m. (Goldsboro)

10 Warning Signs of Alzheimer's
February 20 | 12:00–1:00 p.m. (Durham)

Dementia Conversations
February 19 | 1:00–2:30 p.m. (Raleigh)

Memory Cafe
A Caregiver Academy collaboration
February 25 | 11:00 a.m.– 1:00 p.m.
(Wilmington)

LIVE WEBINARS

The following topics are presented in celebration of Black History Month.

Supporting Brain Health in Our Community
February 12 | 8:00 - 9:30 p.m.
With Delta Research Educational Foundation

Alzheimer's & Dementia: What You Need to Know
February 18 | 8:00 - 9:00 p.m.
With the Divine Nine Consortium.

TO REGISTER:
800.272.3900 | alz.org/ENCMonthlyPrograms