

FREE PUBLIC EDUCATION PROGRAMS - EASTERN CAROLINA



NO ONE SHOULD FACE ALZHEIMER'S ALONE.

Our public education programs feature topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required; registrants will receive additional details prior to the program. Search programs by ZIP Code at alz.org/crf.

IN-PERSON PROGRAMS

Dementia Conversations

April 13 | 3:00 - 4:00 PM | Goldsboro

Get tips for discussing difficult topics, including driving, doctor visits and legal/financial planning.

Managing Money: A Caregiver's Guide to Finances

April 16 | 1:00 - 2:30 PM | Raleigh

Learn tips for managing someone else's finances, preparing for future care costs and the benefits of early planning.

The Empowered Caregiver:

Building Foundations of Caregiving

April 17 | 12:00 - 1:00 PM | Durham

Learn how to build your support team, manage caregiver stress and apply person-centered care approaches to your own caregiving situation.

LIVE WEBINAR

ALZ Talks: Opening the Door to New Alzheimer's Treatments

April 2 | 3:00 PM | Online via Zoom