

FREE PUBLIC EDUCATION PROGRAMS - WESTERN CAROLINA



NO ONE SHOULD FACE ALZHEIMER'S ALONE.

Our public education programs feature topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required; registrants will receive additional details prior to the program. Search programs by ZIP Code at alz.org/crf.

IN-PERSON PROGRAMS

Managing Money:

A Caregiver's Guide to Finances

April 9 | 10:00 - 11:00 AM | Lake Toxaway

Caregiving Strategies:

A Sandwich Generation Perspective

April 14 | 12:00 - 1:30 PM | Charlotte

Understanding Alzheimer's and Dementia

April 22 | 4:30 - 5:30 PM | Asheville

Building Brain-Healthy Habits

This free program provides research-backed guidance on brain health and the importance of taking action to protect your brain at every age.

April 23 | 10:30 - 11:30 AM | Asheboro

April 30 | 1:00 - 2:00 PM | Asheville

LIVE WEBINAR

ALZ Talks: Opening the Door to New Alzheimer's Treatments

April 2 | 3:00 PM | Online via Zoom

TO REGISTER: 800.272.3900 | alz.org/WNCMonthlyPrograms