

FREE PUBLIC EDUCATION PROGRAMS - WESTERN CAROLINA



NO ONE SHOULD FACE ALZHEIMER'S ALONE.

Our public education programs feature topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required; registrants will receive additional details prior to the program. Search programs by ZIP Code at alz.org/crf.

IN-PERSON

Building Brain-Healthy Habits

March 2 | 2:00 - 3:00 PM | Charlotte

April 23 | 10:30 - 11:30 AM | Asheboro

April 30 | 1:00 - 2:00 PM | Asheville

Dementia Conversations

March 6 | 10:00 - 11:00 AM | Lake Toxaway

Your Brain at Any Age: How to Protect Memory, Focus and Independence

March 11 | 4:30 - 5:30 PM | Asheville

Supporting Brain Health in Our Community

March 15 | 11:30AM - 1:00 PM | Charlotte

March 21 | 10:00 AM - 1:00 PM | Charlotte

March 24 | 1:30 - 2:30 PM | Greensboro

March 28 | 11:00 AM - 2:00 PM | Gastonia

April 11 | 9:00 AM - 2:00 PM | Marvin

Understanding Alzheimer's and Dementia

April 22 | 4:30 - 5:30 PM | Asheville

LIVE WEBINAR

ALZ Talks: Opening the Door to New Alzheimer's Treatments

April 2 | 3:00 PM | Online via Zoom