



NC EDUCATION PROGRAMS

Listing updated 9/21/26.

No one should face Alzheimer's alone. The Alzheimer's Association® offers free public education programs on a range of topics including the signs of Alzheimer's disease, brain health, diagnosis, and caregiving support. Registration is required; registrants will receive additional details prior to the program. To register, go to alz.org/WNCMonthlyPrograms, alz.org/ENCMonthlyPrograms, or call at 800.272.3900.

Topic	Location	Date/Time	Registration Info
CENTRAL REGION - IN-PERSON PROGRAMS			
Building Brain-Healthy Habits	Chatham County Aging Services 365 NC-87, Pittsboro, NC 27312	Oct. 1 10:45 – 11:45 AM	Click here to register
The Empowered Caregiver: Building Foundations of Caregiving	Pleasant Plains Baptist Church 3316 Pleasant Plains Rd, Matthews, NC 28105	Oct. 1 6:00 – 7:30 PM	Click here to register
Brain Health Series	Shepherd's Center of Charlotte 300 Hawthorne Ln, Charlotte, NC 28204	Oct. 5 1:00 – 2:00 PM	Click here to register
Managing Money	Hemphill Branch Library 2301 W Vandalia Rd, Greensboro, NC 27407	Oct. 6 5:30 – 6:30 PM	Click here to register
The Empowered Caregiver: Building Foundations of Caregiving	Pleasant Plains Baptist Church 3316 Pleasant Plains Rd, Matthews, NC 28105	Oct. 8 6:00 – 7:30 PM	Click here to register
Building Brain-Healthy Habits	The Patrick Center 909 E King St, Kings Mountain, NC 28086	Oct. 13 11:30 AM – 12:30 PM	Click here to register
The Empowered Caregiver: Communicating Effectively	Salemtowne Retirement Community 1550 Babcock Dr, Winston Salem, NC 27106	Oct. 15 11:00 AM – 12:00 PM	Click here to register
The Empowered Caregiver: Building Foundations of Caregiving	Pleasant Plains Baptist Church 3316 Pleasant Plains Rd, Matthews, NC 28105	Oct. 15 6:00 – 7:30 PM	Click here to register
10 Warning Signs of Alzheimer's	Durham County Main Library 300 N Roxboro St, Durham, NC 27701	Oct. 16 12:00 – 1:00 PM	Click here to register
Understanding Alzheimer's and Dementia	Smith Recreation Center 1520 Slater Avenue, Fayetteville, NC 28301	Oct. 16 2:00 – 6:00 PM	Click here to register
The Empowered Caregiver: Responding to Dementia- Related Behaviors	Given Memorial Library 395 Magnolia Rd, Pinehurst, NC 28374	Oct. 22 10:00 – 11:00 AM	Click here to register
The Empowered Caregiver: Responding to Dementia- Related Behaviors	Salemtowne Retirement Community 1550 Babcock Dr, Winston Salem, NC 27106	Oct. 22 11:00 AM – 12:00 PM	Click here to register

The Empowered Caregiver: Building Foundations of Caregiving	Pleasant Plains Baptist Church 3316 Pleasant Plains Rd, Matthews, NC 28105	Oct. 29 6:00 – 7:30 PM	Click here to register
Supporting Brain Health in Our Community	Weeping Willow AME Zion Church 2220 Milton Rd, Charlotte, NC 28215	Oct. 31 10:00 – 11:00 AM	Click here to register
EASTERN REGION - IN-PERSON PROGRAMS			
Caregiving during the Holidays	Town Square Wilmington 1929 Oleander Dr F, Wilmington, NC 28403	Oct. 21 5:00 – 6:00 PM	Click here to register
WESTERN REGION - IN-PERSON PROGRAMS			
The Impact of Alzheimer's and Dementia in Our Community	Rutherford Senior Center 193 Callahan Koon Rd, Spindale, NC 28160	Oct. 7 10:30 – 11:30 AM	Click here to register
New Advances in Alzheimer's Treatments	UNC Asheville 1 University Hts, Asheville, NC 28804	Oct. 16 2:00 – 3:00 PM	Click here to register
Building Brain-Healthy Habits	Hickory Convention Center 1960 13th Avenue Dr SE, Hickory, NC 28602	Oct. 27 10:30 – 11:45 AM	Click here to register
VIRTUAL PROGRAMS			
The Empowered Caregiver: Communicating Effectively		Oct. 1 7:00 – 8:00 PM	Click here to register
The Empowered Caregiver: Responding to Dementia- Related Behaviors		Oct. 14 7:00 – 8:00 PM	Click here to register
Understanding Alzheimer's and Dementia		Oct. 20 11:00 AM – 12:00 PM	Click here to register
10 Warning Signs of Alzheimer's		Oct. 28 2:00 – 3:00 PM	Click here to register
Now booking programs and speaking engagements! Browse topics and submit our interest form.			

Search other programs by ZIP Code at alz.org/crf or view on-demand education programs at training.alz.org.

Questions? Contact infoNC@alz.org